



Chattanooga United Futbol Club's *Fall Season Warm-Up Camp*

Redoubt Soccer Complex

Come join Patrick Johnston and CUFC coaches and staff as they help you “shake out the soccer cobwebs” from summer and get a jump on a great fall season.

This short, 4 day camp is designed for players ages 8–14. It will be divided in to two sessions daily, one for CUFC players and one for Recreation players.

Our goal is to provide the best training environment and camp experience possible. We want players to leave each session feeling they've improved a part of their game, but just as importantly, had a great time doing it.

The following sessions will be offered. Players can choose what session to attend at the beginning of each day.

Assassins –A Forward and Striker’s job is to score at every opportunity possible, picking apart defenses and putting the ball in the back of the net. Learn the importance of ball handling, striking techniques, attacking strategy, when to pressure and when to conserve energy, and other aspects of this position.

Punisher – Midfielder’s are varied and must possess skills for both offense and defense. Always, midfielders are the first line of defense but they also must be able to push the ball forward and be involved in offensive attacks. Accurate passing and good ball handling skills are a must for this position. Punish opposing teams by successfully defending an offensive attack and knowing how to send the ball forward for an attack of your own! This is one of the most difficult positions to learn.

The Wall – “Offense sells tickets, defense wins championships.” There’s more truth to this than you know. As a piece of “the wall”, a good defender must be able to dominate the ball on both the ground and the air. Distributing the ball to midfielders and the ability to learn to “read the game” is important for this position.

Spider - The goalkeeper is absolutely the last line of defense – and is often the first line of offense. Keepers are often a breed apart with no fear of placing their body directly in harm’s way to block a shot. Skills and technique are vital for this position and that’s why CUFC puts so much emphasis on keeper training.



The cost for the camp is \$45 per player

All sessions are held at

The Redoubt Soccer Complex

Date	CUFC Select	Recreation
Monday, August 2	9:30 – 11:30	1:30 – 3:30
Tuesday, August 3	9:30 – 11:30	1:30 – 3:30
Wednesday, August 4	No Training – Hamilton County Schools Registration	
Thursday, August 5	9:30 – 11:30	1:30 – 3:30
Friday, August 6	9:30 – 11:30	1:30 – 3:30

For information: chattanoogaunitedfc@comcast.net

We must receive all forms and payment by Friday, July 30.

**Mail forms and payment to: CUFC Camp
4905 Meadow Trace Ln.
Hixson, TN 37343**

- Checks should be written to "Chattanooga United FC"
- In case of inclement weather, please refer to www.chattanoogaunited.com for updates



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Player's Name _____

Birth Date _____ Age _____ Male / Female

Address _____

Home Telephone _____

Family Email _____

CUFC Team _____ CUFC Coach _____

If participating in Recreation soccer, please list the association where your child currently plays and how long your child has played soccer.

Association _____ Experience _____

Father's Name _____

Work Phone _____ Cell _____

Mother's Name _____

Work Phone _____ Cell _____



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Medical Release & Information

Medical Insurance Company Name _____

Policy Number _____

In an emergency, if parents cannot be reached please notify:

Name _____

Relationship _____

Phone Number _____

Cell Number _____

Family Doctor _____

Phone Number _____

Asthma _____ Diabetes _____ Known Allergies _____

List of Medications currently taking _____

I as a parent or guardian, authorize first aid or any emergency medical care that may become necessary for my child while he or she is enrolled in the Chattanooga United's Fall Season Warm-Up Camp - 2010. In consideration of acceptance of my child's administrators and personal representatives, I discharge, waive, and release the Chattanooga United Futbol Club, participating staff, and board members, its parents and employees, as well as the facilities in which injury or death, which my child or I may have virtue of arising in connection with his or her participation in the Chattanooga United Futbol Club's Fall Season Warm-Up Camp. By executing this document I hereby assume, on behalf of my child, all risk of injury or loss to which he or she may be exposed. I also give permission for the free use of my child's name, picture and likeness in any article, broadcast or other account of the Chattanooga United Futbol Club, including, but not limited to promotion of future events or other promotional use.

Parent or Guardian signature

Date